



The Jewish Board
Health and Human Services for All New Yorkers



Supporting those impacted by the war in Ukraine

To help people to cope with and process the war between Russia and Ukraine, **The Jewish Board** is offering a variety of supports and services to individuals of all ages, including:

- Crisis support
- Mental health assessments
- Short term trauma and crisis intervention
- Group support
- Linkages to therapy

All services are available in English, Ukrainian, and Russian.

How to Get Help

If you are experiencing grief, anxiety, or loss, we can help. Contact Viktoriya Anthony at **917.941.5446** or **VAnthony@jbfcs.org** to learn more or get connected to any of these services.

